



Are You Interested in Developing Coaching Skills?

(Better conversations for better care)



Most of us use coaching skills and approaches every day. Growing evidence suggests effective coaching skills contribute to personal well-being, innovation, care outcomes, teamworking and leadership effectiveness.

Across West Yorkshire and Harrogate numerous organisations are investing in coaching and seeing the results. As part of the Staff Mental Health and Wellbeing Hub we want to build on this work by developing a train-the-trainer model in “Better Conversations for Better Care” that targets some of the groups we know are currently under-represented in the group of people already using coaching skills. This includes staff working in the voluntary sector and staff from different ethnic minority communities.

Building on an existing well received model for developing coaching conversations we want to adapt it with these groups of staff in mind. We need your help.

If you are interested in coaching, want to develop your coaching skills or just want to share your perspective - especially if you identify as coming from these under-represented groups of staff or volunteers- please get in touch. There are several ways of getting involved with different levels of commitments:

- Have an informal chat with Anthony, the coach, working on the programme.
- Attend one of our co-production workshops in June (June 14th 1-4, June 24th 1-4)
- Attend the training course.
- Or even become a train the trainer – more information will follow on this once we know what the programme would look like.

To express your interest please get in touch.

Target Group

Any staff from with an interest in coaching from the voluntary sector or from a minority ethnic community.

The commitment

At this stage the commitment is varied and can be matched to how much time you can give. It could be a quick conversation through to attending a full programme to deliver training in coaching conversations.

How to register your interest

Please email the hub bdcccg.wyh.mentalwellbeinghub@nhs.net with your name, role, organisation, interest in coaching and how you would like to get involved.

Or if you just fancy a quick chat get in contact with Anthony directly aocoaching@outlook.com

The Deadline

We want to maintain an ongoing conversation so feel free to get in touch at anytime. However, if you are keen to attend the co-production workshop please get in touch by the **7th June**.

We are anticipating a lot of interest so may not be able to respond to everyone individually. But we will keep your details to send out any future ways to stay involved.

